



A Baby Signs® Program

Next series begins on September 21 and meets for 6 Wednesdays. Choose mornings from 9:30 – 10:15 a.m. at 4Rivers Yoga Studio or evenings from 6:30 – 7:15 p.m. at Union Ridge Elementary School Library.

6-week class series specially designed for parents and their babies (6 months to 3 years old). Fun games, songs, and activities highlight important developmental skills.

~Learn Signs~ ~Sing Songs~
~Interactive Activities~

Signing Themes for the 6-week Series:
Mealtime, Bedtime, Bath time,
Getting dressed, My pets, and
At the Park

\$90 per family for class registration
\$55 plus tax per family for the required
Sign, Say & Play™ Kit, which includes 7
Baby Signs® resources to make signing at
home fun and easy!

One-Time Classes & Workshops

BABY SIGNS® Parent Workshop is a 90-minute workshop designed for parents of children from birth to 24 months. You will learn all you need to know to begin signing with your baby at home. Early childhood educators, parent educators, social workers and health specialists are also welcome.

\$15 per individual or \$25 per couple for class registration, \$45 plus tax per family for the required Baby Signs® Complete Starter Kit to help you incorporate what you learn in class into your daily routines with your baby. Next workshop is scheduled for **September 14, from 9:30 – 11:00 a.m.** at 4Rivers Yoga Studio, or from **7:00 – 8:30 p.m.** at Union Ridge Elementary School Library.

My Baby & Me Sibling Class is a 45-minute class designed to give children fun, developmentally appropriate activities that they can do with the new baby at home. During the class itself, children will play games, sing songs, learn a few signs, read a story, and make a special craft. In addition, parents will receive simple tips to help them promote positive sibling relations when they return home.

\$10 per family for class registration, \$10 plus tax for the Baby Signs® Favorites Board Book you or your older child can use to teach your baby some signs at home. Next class is scheduled **September 28, from 11:00 – 11:45 a.m.** at 4Rivers Yoga Studio.

Baby Signs® with Shannon

babysignswithshannon@gmail.com / 360-887-2131

Registration through Ridgefield Community Education



Your Quick Start Guide To Signing With Your Baby

Ever wonder what your baby is thinking? Or why your baby is crying?

Very soon your baby will be looking for ways to share his or her thoughts, feelings, and new discoveries with you. However, trying to communicate without words can be very frustrating!

Using the Baby Signs® Program gives babies a way to "talk" with their parents, before they can talk. Babies can communicate about the world around them, long before they have mastered their verbal speaking skills!

Babies and their parents can use simple signs to communicate important things - like being hungry or thirsty, hot or cold, afraid or sad - often a full year before babies could otherwise speak.

Research has proven that using the Baby Signs® Program with babies has dramatic benefits, including decreasing frustration for babies and parents, enriching the parent-child bond, boosting emotional development, helping babies talk sooner - even raising IQ.

Start with These Four Signs



eat



drink



more



all done

Ten Steps to Success

1. Start with just a few
2. Always use the sign and the word together
3. Repeat the sign and the word
4. Point when possible
5. Guide your baby's hands
6. Make signing a part of your daily activities
7. Watch for opportunities
8. Be flexible
9. Be patient
10. Make learning signs a game, not a chore

Other Resources

The Baby Signs® Program has many resources to help you with your signing adventure. Workshops & play classes are available. The Baby Signs®

Program now offers additional tools and resources, including books, DVDs, and a CD of songs to sign to for babies! For more information, a schedule of classes near you, or to purchase products, please contact:

Shannon Meade, Independent Certified Instructor
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World's Leading Sign Language Program for Babies